



Youth Week

British Columbia • May 1-7

SCHEDULE OF EVENTS (ages 13-18)

Sunday, May 1

Green Your Space

Watch @youthladysmith for a fun video where Matt will share ideas to 'green' your favorite spaces.

Wednesday, May 4

May the 4th be with you

Join us for a viewing of Star Wars, we will bring the popcorn. May the 4th be with you.

Location: FJCC Rec Room

6:00-9:00pm

FREE

DROP-IN

Monday, May 2

Mondays are for Mountain Biking

Join Matt and Principal Travers and head out to the local trails for an afternoon of mountain biking!

Location: Meet at the FJCC at the back field.

2:30-4:00pm

FREE

DROP-IN

Thursday, May 5

Golf like a Pro

Join the volunteers at the Ladysmith Golf Course for an afternoon clinic that includes clubs, a lesson on driving, chipping and putting, and a round of golf on our own par 3 course. Beginners are welcome!

Location: Ladysmith Golf Course

12:00-2:00pm

\$14

46187

Monday, May 2

Art-y Party

Join Lacey, Brianne and Tia for an Art-y Party. Dot paint, finger paint, splatter paint and more. Snacks and drinks will be provided. And a prize too!

Location: LRCA

3:00-5:00pm

FREE

DROP-IN

Friday, May 6

Skate Skillz and Safety w/BBQ

Join us at the skate park for some connection, fun, and a hot dog BBQ. Please register to ensure you get your dog!

Location: Skate Park

1:30-3:00pm

FREE

46188

Tuesday, May 3

Charcuterie Edible Food Art

Join Sarah from Fig & Olive and create your own culinary masterpiece. Each participant will prepare and bring home a charcuterie box ready to eat!

Location: Fig & Olive

3:30-5:00pm

\$60

46185

Saturday, May 7

Positively Powerful Movement

Watch @youthladysmith and hear Matt share "Positively Powerful Movement" tips that will help you at home, school, work and in life.

Register at www.reccowichan.ca using the course code OR call us at 250.245.6424



Find us on



@youthladysmith